

# PADER HEALTH CLINIC

## Northern Uganda

*In October 2007, Simon Friend re-visited Uganda where he had spent a voluntary year in 1989 and had subsequently returned with his wife Judy a number of times.*

*It had been a few years since the last visit and Simon was keen to visit Northern Uganda where a sort of peace had been reached after the 20 year civil war with the **Lord's Resistance Army (LRA)**. The LRA was infamous for abducting 25,000 children to fight as soldiers. People had fled to makeshift **Internal Displacement Camps**, and countless atrocities had been committed leaving deep scars on the communities.*

*During this time there was a total breakdown in healthcare, education, farming, trade, water and sanitation.*

*With **Dr Ian Clarke**, we visited an abandoned clinic in Patongo formerly run, during the height of the crisis, by Medicine Sans Frontiers, but had since been taken over by the Government. The usual story of no money meant that the doctor and staff were "elsewhere".*

*The waiting area was now home to a few goats!*



*As we wandered around the empty buildings we found one with a few old beds and to our horror, a single man – alone - and clearly very, very sick. Ian diagnosed HIV and TB and arranged to have the man, called Aldo, moved to a nearby clinic. We raised money for his treatment, but very sadly he died some 3 months later. With Ian's help and through **Suubi Trust**, Simon and Judy committed themselves to raising money to establish a decent clinic in the area.*



*"When two elephants fight, it is the grass that suffers"*  
Ugandan saying



Fires often sweep through the temporary Internal Displacement Camps.



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## The way forward!

*It's so easy to lose hope because of hopeless Government, overwhelming need, corruption, waste by large NGOs and charities, but when you think of the innocent victims like Aldo, who have no power...you just want to do something at a **local level** on the ground.*

## What to do?

*Dr Ian Clarke, through the **International Medical Foundation** and supported by **Suubi Trust**, had already opened 2 clinics in Gulu and Lira which offer a mix of private and not for profit work.*

*Ian agreed that, if we found the money, he would look into getting a clinic up and running in the **Pader** area where we had found Aldo.*

*After talking with local officials in Pader, Ian agreed that IMF would run the local Government Health clinic in Pader. We would provide the staff and funding for set up costs including refurbishment of the clinic and equipment like microscopes to enable simple lab tests to be done. We also committed ourselves to raising funds for running costs for a trial period of 2 years. The local Area Government would still provide their limited financial input and some staff.*

*Since opening to patients in October of 2008, a total of **566** people have been treated at the clinic in the first 4 months, at an average cost of \$7 per patient.*

*The clinic dispensary is now much better equipped with essential drugs and treatments.*

Map showing Pader



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## **Pader Medical Clinic**

*The first few months were spent refurbishing the clinic and getting the staff house ready.*



*There are currently 2 staff employed, **Rachel**, on the left, (Project Manager) and **Schola** (Clinical Officer).*

*A nurse will be recruited and will travel to **International Hospital Kampala (IHK)** for some intensive training.*

*The dispensary is complete and a new stock taking system is in place with daily recording of usage and balance sheets, which should reduce the massive expiry drugs issue common in far flung clinics.*

*The most common issue with staffing in Government clinics is recruiting and keeping them in the clinic! Often staff go on workshops funded by*

*other NGOs and leave the clinic unmanned (as they get money to attend the courses and don't for attending to work!).*

*At Pader, the staff have been working closely with the local representatives in addressing this. They have identified a number of volunteers to hold positions temporarily. They will be introducing a bonus scheme shortly - which will reward staff for delivering on basic performance indicators (attendance, complying with new systems, customer care etc).*



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### Number Of Patients Treated By Category

Month	October	November	December	January (to 23rd)	Total
Respiratory tract infection	43	17	15	67	<b>142</b>
Malaria	37	18	3	16	<b>74</b>
Urinary tract infection	23	10	20	10	<b>63</b>
Fungal infection	11	12	9	11	<b>43</b>
Gastroenteritis	16	2	9	10	<b>37</b>
Other	50	63	37	57	<b>207</b>
<b>Total</b>	<b>180</b>	<b>122</b>	<b>93</b>	<b>171</b>	<b>566</b>

Note: 'Other' includes helminth infestation (worms), cold and flu, conjunctivitis, tonsillitis, pregnancy, wounds and burns.

### **Finances**

*So far we have raised **£25,000** to get the clinic refurbished, equipped and running for 2008 and into beginning of 2009.*

*The budget for 2009/2010 is **£27,500 per annum**. Any contribution towards that figure would be gratefully received and can be made in stages by Standing Order or Direct Debit.*

*A budget is attached.*

*The chairman of Suubi Trust, Kevin Duffy, and I would be very happy to meet and talk through the project in more detail.*

**Simon Friend - March 2009** Email: [sfriend@red-earth.org](mailto:sfriend@red-earth.org)

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**International Hospital Kampala (IHK)**, is Uganda's first ISO certified medical institution. It is Uganda's leading independent hospital with 100 beds employing 500 staff.



The Hospital was envisaged, built and is directed by **Dr Ian Clarke**, a British citizen who has a heart for Uganda, and has lived in the country for almost 20 years. Ian has already developed a renowned training hospital in Kiwoko, which he set up from

grass roots following the bush war in Luwero in 1988. This is where Simon first met Ian.



IHK's aim is to raise and set the standards of health in Uganda, especially with regard to the quality of care it is able to offer patients.

### **International Medical Foundation**

What started as an informal collection of projects under the umbrella of IHK has now been well organised under the Uganda registered NGO, International Medical Foundation (IMF) - with clear lines of reporting and accountability.

2008 was a great year for IMF. Dr Ian Clarke wrote:

*"When we look at all that we are doing and what is being achieved in various far flung corners of Uganda, as well as at International Hospital, we are very proud of the work we do.*

*We are also very happy to have strong partnerships with committed and dedicated people. The beauty of all of this is that together we achieve a significant impact for very little cost"*

The project in **Pader**, along with other similar small scale clinics, is run under IMF, uses the infrastructure, expertise and corporate capacity of International Hospital and therefore does not have to sustain the high establishment and capital costs which would otherwise be involved.

**Suubi Trust** is a UK registered charity, No: 1119874, established in 2007 to help support the work of International Medical Foundation (IMF) in Uganda.

You can visit the website here:

[www.suubitrust.org.uk](http://www.suubitrust.org.uk)

**Suubi** means hope in Luganda, a widely spoken language in Uganda, which captures the essence of Suubi's vision to offer expert care, change lives and make a difference to the most vulnerable in Ugandan society.

All monies donated for the Pader Project can be made through Suubi Trust and can be made by way of Gift Aid if appropriate.

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**Pader Project - Mobile Clinic and Government Clinic Summary  
to February 2009**

	<b>GBP</b>	<b>UGX</b>
Funding received - transferred to IMF account	18,000	52,550,000
Additional donation	300	930,000
Funding to be released from Suubi Trust in March	6,800	18,972,000
<b>Total</b>	<b>25,100</b>	<b>72,452,000</b>

**Summary of 2008 costs**

Mobile Clinic Pilot - Drugs and Medical Supplies		4,324,292
HCIH Set Up Costs	Construction and Refurbishment	10,935,000
	Computer equipment and internet installation	3,730,000
	Other furniture and equipment	2,367,000
	Staff training and orientation	805,000
	<b>Total</b>	<b>17,837,000</b>
Running costs	Drugs and medical supplies	2,342,400
	Salaries IMF employees	9,058,138
	Food, accommodation and transport	2,286,000
	Other - staff bonuses and fuel	900,000
	IMG Admin Fee	3,501,253
	<b>Total</b>	<b>18,087,791</b>
<b>Total 2008 costs</b>		<b>40,249,083</b>

**Summary of 2009 costs**

**January/February actuals**

Running costs	Drugs and medical supplies	1,050,000
	Salaries IMF employees	4,274,937
	Food, accommodation and transport	895,000
	Ambulance	990,000
	Internet and telephone (Sept to Feb)	957,674
	Other	60,000
	IMG Admin Fee	1,167,084
	<b>Total</b>	<b>9,394,695</b>

**March-December 2009 Budget**

Set-up costs	Generator housing	1,500,000
Running costs	Drugs and medical supplies	11,500,000
	Salaries IMF employees	18,757,110
	Food, accommodation and transport	1,850,000
	Ambulance	2,200,000
	Internet and telephone	2,100,000
	Other - fuel, stationery, misc	9,650,000
	Hope Ward Referrals	10,200,000
	IMG Admin Fee	5,835,420
	Contingency 10%	6,359,253
	Total	<u>68,451,783</u>
<b>Total 2009 Costs</b>		<u><b>79,346,478</b></u>
<b>Additional Funding Required UGX</b>		<b>45,643,561</b>
<b>Additional Funding Required GBP (1GBP = 2,790UGX)</b>		<b>£16,360</b>